

"The 1-4 Coordination Drill"

-Creating "The Release"-

Confused? Watch the video one time!

Open String Note



	Fret #1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22 ...	
E											1			4									
B										1			4										
G								1			4												
D							1			4													
A						1		4															
E					1		4																

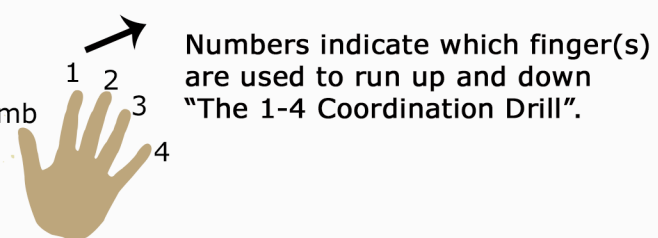
REPEAT Same as open

Starting Note

Run up the notes as shown and then come back down them. Repeat some. Mix it up.

Try applying "The Trip-O-Let" to this lesson for some amazing sounding runs that seem to never end.

If you get "stumped" on doing "The Trip-O-Let" on this, just watch the lesson again!



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(estimated learning time: 15 minutes)
learnguitarfastandeasy.com



Note From Jerry In The Studio...

This lesson is a finger twister but VERY useful in advancing coordination and creating a release on the neck.

Relax your fingers as you let them come through the process of moving up the neck.

Get it down in F,G,A,B,C,D,and E if possible.

Do this and you'll be FLOORED how easily you'll move all over the neck.

This is great for setting up a solo and adding a very unusual sound to your leads.

HUGE SIDE NOTE... Practice doing 1-2's instead of 1-4's AFTER you've mastered 1-4's!